

## **Terms & Conditions Regarding Hypnosis: updated 2024**

**Annastasia Michelle Papa-Adams, known as Stacey Michelle and Rapid Reprogramming Therapy**, offers healing hypnosis sessions, fully qualified/certified in Scott Jansen's Advanced Conversational Hypnosis, Marisa Peer Method-Rapid Transformational Therapy and skilled at her own (Stacey Michelle's) Room Therapy and Future Me Therapy.

### **Rapid Transformational Therapy (RTT):**

- Generally, one session per issue, potentially 2-3 for deeper issues.
- Hypnosis is natural, safe, and relaxing, helping uncover root causes.
- Success not guaranteed; client commitment is crucial.
- Personalized recording by Stacey for 28 consecutive days.

### **Room Therapy Self-Love Self-Compassion Hypnosis**

- Usually one session; up to 3 for deeper issues.
- Similar to RTT with a focus on self-love and self-compassion.
- Same principles and commitment apply.

**NO RECORDING**

### **Future/Ideal Me Therapy:**

- Envisions a future of peace, joy, and success.
- Hypnosis to understand and change beliefs, behaviours, or disease.
- Same principles and commitment apply.

## **NO RECORDING**

### **Advance Conversational Hypnosis (ACH):**

- Up to 4 sessions for one fee.
- Negative outlook may hinder healing; client investment essential.
- Online sessions only; no dangerous activities during sessions.
- Same principles and commitment apply.

## **NO RECORDING**

### **Fees:**

- To be discussed in person
- PayPal invoicing or bank details provided after booking confirmation.

### **Session Details:**

- Each session: 2.5-3.5 hours 1 follow-up call or email, texting on Whatsapp.
- 50% payment due upon booking; remainder 48 hours before session unless agreed otherwise.

### **Client Confirmation:**

- Assurance of no diagnosed psychiatric condition, psychological illness, or epilepsy.
- Participation FREE from alcohol/drugs; disclosure of prescription medicines.
- Acknowledgment of therapist's right to terminate session if booked for non-therapy purposes.

**Remote, Online Sessions:**

- Ensuring a safe, distraction-free environment.
- Providing correct contact details; no unauthorized recording.
- Responsibility in case of dropped online connection.

**Zoom Preferred Software:**

- Ensure Zoom compatibility before the session.

Have a camera and headphones are preferred.

Be seated comfortably and have what you need, eu, water, a blanket, a fan to be comfortable.

**Caution:**

- Health conditions disclosure required.

**Confidentiality:**

- All client data strictly confidential, records destroyed after 12 months.

**Client Agreement:**

Read and understood; acceptance of terms and conditions.

**All communications remain private.**

No details will be disclosed or held for longer than 12 months.

**In the event that details of unlawful activity have been disclosed involving minors, the information is required to be passed on to legal authorities in clients area of residence**

\*Name: \_\_\_\_\_ \*

**\*Signed:** \_\_\_\_\_ \*

**\*Dated:** \_\_\_\_\_ \*

**\*Back-up number or text arrangement:**

\_\_\_\_\_ \*

**\*Emergency Contact and Phone:** \_\_\_\_\_ \*

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